

# Jennifer A Barker MA ATR-BC LPC

Allegheny & Westmoreland Counties • 412-423-8008 • JABarkerPsychotherapy@gmail.com

## Professional Summary

Licensed Professional Counselor and Registered Board-Certified Art Therapist with over 10 years of therapy experience, 4 years of crisis intervention services experience, and over 5 years of supervision experience.

## Experience

**Owner/Psychotherapist/Art Therapist** *J. A. Barker Psychotherapy LLC* June 2022 – present

- Created the private practice, completed business duties
- Credentialed with UPMC, Highmark, BCBS, Aetna, Cigna, and United/Optum
- Individual psychotherapy with kids, teens, and adults, occasionally family members/couples
- Art Therapy with kids, teens, and adults

**Adjunct Professor** *Seton Hill University* Aug 2022 – Dec 2022

- Mental health assessments and Art Therapy assessments
- Taught classes and experiential activities to graduate level students

**Psychotherapist and Art Therapist** *WPA* June 2020 – Aug 2022

- Credentialed with UPMC, Highmark, Cigna, and United/Optum
- Wrote Art Therapy blog article
- Individual psychotherapy with kids, teens, and adults, occasionally family members
- Art Therapy with kids, teens, and adults

**Crisis Clinician, Supervisor** *Resolve Crisis Center* Aug 2016 – Aug 2020

- Worked as lead clinician, then promoted to supervisor
- Worked individually and with team to manage crisis situations in a positive and calm manner
- Assisted with making staff schedule
- Provided supportive and active listening to clients in crisis
- Supported and supervised staff members
- Incorporated Motivational Interview techniques
- Completed progress/shift notes and intake assessment documentations
- Helped obtain insurance authorization

**Drug & Alcohol Counselor** *SoJourney House* Dec 2015 – Aug 2016

- Provided counseling/therapy to adult women in a long-term residential setting
- Assisted women with medical, MH, MAT, and aftercare appointments
- Conducted intakes and psychosocial assessments
- Assessed for lethality and remained calm in crisis situations
- Completed training requirements to administer the PCPC
- Conducted emergent care screenings and continued stay reviews
- Completed clinical documentation, including notes/tx plans, promptly
- Utilized MI, CBT, 12 step philosophies, and Art Therapy to support client needs

**Individual Therapist** *Kids Count Inc* July 2014 – Jan 2016

- Managed a caseload of up to 16 youths in an RTF setting
- Facilitated individual and group therapy sessions
- Created/updated treatment plans and safety plans as needed
- Documented progress notes in a timely fashion
- Utilized DBT, Art Therapy, and other therapeutic techniques
- Provided crisis intervention, assessments of lethality, and safety planning

**Mobile Therapist/BSC** *Family Behavioral Resources* May 2014 – July 2014

- Met with clients and their families to provide in home therapy
- Created/updated treatment plans, emergency plans, and write progress notes
- Utilized CBT, Art Therapy, and other therapeutic techniques to best support client needs

**Inquiry Specialist for WebChat** *EDMC* Aug 2011 – Jun 2014

- Entered numerical data into databases in a timely fashion
- Assisted co-workers by creating step by step job instructions via Word and PowerPoint

**D & A Counseling/Art Therapy Intern** *Gateway Rehab* Aug 2013 – May 2014

- Planned, facilitated, and co-facilitated individual, family, and group therapy sessions with adolescent, young adult, and adult clients in an IOP/PH setting
- Implemented Art Therapy, CBT, 12 Step Philosophies and Psycho-educational techniques
- Conducted initial biopsychosocial assessments
- Tracked client progress via DAP notes in a detailed, timely fashion
- Created/updated treatment plans based on intake assessment and client progress

## Education

**Master of Arts (MA) in Counseling/Art Therapy** *Seton Hill University* May 2014

- Courses in Counseling Psychology (30 credits)
- Courses in Art Therapy (33 credits)
- **Thesis title:** Art Therapy with Adolescents in a Substance Abuse Outpatient Treatment Center

**Bachelor of Arts (BA) in Studio Arts** *University of Pittsburgh* Dec 2008

- Graduate Cum Laude with Departmental Honors

## Additional Qualifications

- Fast and accurate typing skills
- Completed all PCPC trainings in 2017
- Microsoft Word, Excel, PowerPoint, and Access experience

## Licenses and Certifications

- Registered and Board-Certified Art Therapist (ATR-BC) ATCB ID: 18-284
- Licensed Professional Counselor # PC012371